



School No.5215

Phone: 9360 9322

TERM 3 DATES

Vic Uni Inclusive Sports Program

Tue 5th Sept/Tues 12th Sept

Last day of Term 3 – Friday 15th September – School finishing 1.40 pm (Buses arriving early)

First day of Term 4 – Monday 2nd October



Principals Update

Last week I had the fortunate experience of participating in the Middle Years Blackwood Camp. I was ably supported by Melinda, Aliasha and Alby, collectively we managed to survive a fabulous camping experience. Blackwood have extended their Outdoor Adventure Program. Across the 3 days we engaged in a bush walk to the lake, orienteering, high ropes, bike riding, a campfire and archery. The students were kept extremely busy and as a result, slept beautifully, much to the delight of the staff. We were thoroughly engaged with the stories around the campfire, and it was such a beautiful, clear night that we were able to access Blackwood’s impressive telescope to see the moon in its full glory. The students were amazing, and I came away feeling tired but enriched by getting to know the students in a different environment. They were all keen to have Macca’s on the way back and families were greeted with enthusiasm upon our arrival home.

Whilst I was away, staff and students enjoyed the Book Week Dress Up day. Thanks to Jade Barker, who inspired the events of the day, we have lovely book covers now on display within our staff workspace. Of course, the Dress Ups were enjoyed by both staff and students. This was followed by a very productive professional learning day on Friday with teachers planning their Unit of Work for Term 4 and Teacher Assistants undertaking professional learning in teaching phonics, AAC and Managing Difficult conversations.

Building works are underway with the hoarding erected to secure the worksite. Whilst the demolition of the café decking is a top priority, the relocation of the chickens is paramount. They will have a new home in the centre of the school for the foreseeable future and are expected to be relocated across over the next couple of weeks. The builders will capitalize on the forthcoming holiday break to undertake some of the major works within the Later Years Yard.

Happy Father’s Day to all our Dads, Grandads, and special males within the lives of children at Jennings Street School. There was great excitement and consideration given to the selection of your gift, so I hope that it makes it to you at a reasonable time on Sunday. We hope that Sunday is a special family day enjoyed by all.

Final call for completing the 2023 **Parent Opinion Survey** which closes in a few days. My heartfelt thanks to the 43 families that have taken the time to engage with the survey. Your feedback is very important, particularly when we are entering a new stage of re-visioning for the school with the 2024 School Review ahead of us early next year.



Family tours of post-school pathways are continuing on Wednesdays. This week Melissa took a group of parents to STREAT in Collingwood. This is a work readiness program that offers supported learning and work experience in hospitality and kitchen operations.

I am signing off a little earlier this term, embarking on some Long Service Leave next Wednesday. With our workforce planning discussions well underway, I am grateful for the competence of my team who I have complete trust to continue in my absence. I look forward to returning for the final leg of 2023 with renewed energy.

A reminder that the Parent Opinion Survey is now open: Your feedback is even more important given that we are undertaking a School Review in 2024. Please provide us with 20 minutes of your time! Parents and Carers have an annual opportunity to provide feedback to the school to assist us in gaining an understanding of families' perceptions of school climate, student behaviour, and student engagement. Response rates in recent years have declined rapidly and your opinion counts. Please locate the flyer within this newsletter that provides guidance around how to access and complete the survey.

A reminder to all Parents that the deadline for the **Australian Dental Health** forms that were sent home last week are **DUE** by **11th September 2023**. If you need a new form, please don't hesitate to reach out.



Early Help Service

Early Help is a FREE support service for parents/carers with emerging needs. Early Help can support families with paediatric assessments, referral for Family Services, assistance navigating NDIS, support around managing children's behaviours, and much more.

Early Help is flexible to meet the unique needs of each family and is a place-based support, meeting the family where they are most comfortable, whether that be in their home, school, or another community setting. Early Help can also provide evidence based parenting groups such as Tuning Into Kids/Teens, Circle of Security, Bringing Up Great Kids and Parent's Building solutions.

Early Help works alongside partner agencies such as Tweddle and VACCA to meet the need of every family, no matter what age, stage or background they are from

Early help flyers attached 

SEEKING DONATIONS

We are reaching out to our school community to request donations for pants in any size, colour and style that is appropriate for school wear. Donations can be dropped off at the school entrance foyer.

We are only looking for pants please do not donate anything else.



Department
of Education

2023 Parent / Caregiver / Guardian Opinion Survey:

Jennings Street School

Invitation to participate in the 2023 Parent / Caregiver / Guardian Opinion Survey

Dear parents/carers,

Your family is asked to participate in the 2023 Parent / Caregiver / Guardian Opinion Survey. The Department of Education has contracted ORIMA Research (ORIMA) to conduct the survey. ORIMA is Australia's leading provider of end-to-end research and data analytics services to the public and not-for-profit sectors.

Each year the school conducts an opinion survey with the school community.

All families are invited to participate in the survey. Results will be used to inform and direct our future school planning and improvement.

I ask you to please take the time to complete the survey as **your opinions are important to us** and will contribute to the future management and organisation of our school. The department will use the results from the survey for research purposes and to improve outcomes for students.

- The survey will be conducted **online** and only takes **20 minutes** to complete.
 - The survey can be completed on any internet-enabled device (desktop computer, laptop, tablet or smartphone) and is compatible with most browsers.
- The survey will be open from **Monday, 7 August, to Friday, 8 September 2023.**
- The survey is available in English and 10 other languages, including Arabic, Greek, Hakha Chin, Hindi, Japanese, Punjabi, Simplified Chinese, Somali, Turkish, and Vietnamese.

Please be assured that your responses are completely confidential. The survey is conducted anonymously, and it is important to us that you complete the survey as honestly as possible. You will be provided with a PIN to complete the survey. This is to ensure that parents/caregivers/guardians only complete the survey once. The school can never see your responses linked with the PIN.

Please follow the instructions below to complete the survey. **PLEASE NOTE:** Only **one parent/caregiver/guardian** from your family is invited to complete the survey. Please **DO NOT** share the survey link and PIN with others or on a public website, forum or similar.

To complete the survey, simply:



1. Click on the link below or copy and paste the text into your browser. This link will take you directly to the survey.

<https://www.orima.com.au/parent>

2. Select the School and Campus name below.

School Name: **Jennings Street School**

Campus Name: **Jennings Street School**

3. Enter the School PIN below.

PIN: **879190**

When complete, please click on the tick button at the end of the survey to submit your answers. Please note that the survey will time out after **60 minutes of inactivity**.

Thank you for taking the time to participate. Your assistance is greatly appreciated.

Questions?

Please do not hesitate to contact me if you have any general queries about the survey. For specific technical or participation-related queries, you may also contact the department or the supplier administering the survey, ORIMA Research.

- Should you have any technical queries regarding the Parent / Caregiver / Guardian Opinion Survey, please do not hesitate to contact ORIMA Research on 1800 654 585 (toll-free during business hours), or by email: pos@orima.com.
- Should you have any participation or survey-related queries, please contact the school, or the department by email: school.surveys@education.vic.gov.au.

The department and ORIMA protect your responses in accordance with the *Privacy and Data Protection Act 2014* (Vic), the *Health Records Act 2001* (Vic) and the *Public Records Act 1973* (Vic). For more information, please visit ORIMA's [Privacy Policy](#), and the department's [Schools' Privacy Policy](#).

Science and Games

We have had a busy term in Science and Games!!!!

Science

Students have been learning about Physical Science and how the shape and size affects how an object moves. Students especially enjoyed the rocket experiment.

Fantastic Work!!!!



Games

Students have been learning personal and social skill through various games. Students have been engaging in taking turns in games and have been encouraged to follow adult prompts.

Excellent work



WELCOME TO LY13!

What a productive and busy Term we have had! A major focus for LY13 this term was work experience and what a fantastic success it has been. Students have accessed ADEs such as GenU, Jigsaw and Brite while others have done work experience at open employers, including a farm, café and hairdresser. Students have been homing in on their different hard and soft skills throughout the term building their capacity for the world of work.

In Literacy we have been learning about the different types of scams and the clues associated with them. The students really enjoyed learning about this and even drafted a few of their own clever scams.

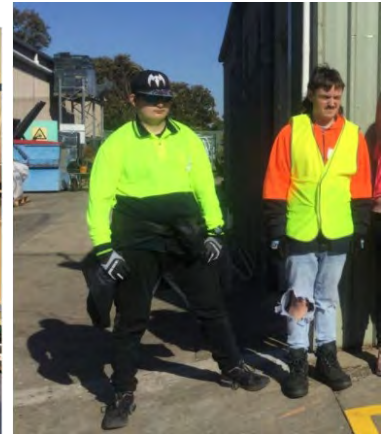
In our Personal Development lessons, we have been learning all about the different types of health and the factors that affect them. Students have participated in a lot of self-reflection in order to identify the aspects of their health that may need improvements or more self-care.

Electives were rejigged this term to cater for work experience and the Newspaper students very kindly offered to step in and support the running of the Café. The students really enjoyed the change and rose to the occasion with their excellent recipes and hospitality skills.

Community access has also been a great success with the students breaking quite the sweat playing basketball and beach volleyball.

The students were also delighted by the arrival of our new classroom 'pool table' kindly donated/ lent by Grant!

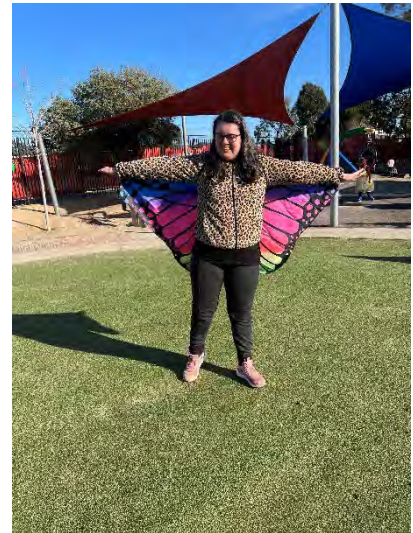
Overall, a great term, with the students working extremely hard. They are certainly looking forward to a well-deserved break over the coming school holidays!



Book Week!!!!



Book Week!!!!



Book Week!!!!



Blackwood Camp #2!!!



Blackwood Camp #2!!!



Blackwood Camp #2!!!





FREE TRIAL DAY

@Werribee Little Athletics Club

Come experience the fun, learn new skills, and make new friends.



Victoria University Wyndham
Sporting Complex Hoppers Ln,
Hoppers Crossing, 3029



Sunday October 1st
9.00am for Registration

Pre-register at:

www.wlac.com.au

Come and join us!

KIDS SHOWS WITH MARTIN HEPPELL TOURING VICTORIA SEPTEMBER 2023

THE
**RESILIENCE
PROJECT™**

3 HAPPY TRICKS

TICKETS AT [LIVENATION.COM.AU](https://www.livenation.com.au) 



A school holiday kids show combining fun and positive mental health!

**The countdown is on for the Term 3 school holidays,
and we know you're always on the lookout for engaging, educational events
to share with your school community.**

**Designed for primary school aged children and their parents/carers,
these one-of-a-kind shows combine fun and positive wellbeing strategies
to help families build resilience.**

**There are tickets available in Frankston, Wodonga, Wangaratta,
Dandenong, Darebin, Ballarat, Geelong, Bendigo and Shepparton,
and we'd love to see your students there.**

THE
**RESILIENCE
PROJECT**

Respectful school communities start with respectful behaviour

Parents, carers, staff and students can help keep our school community safe, supportive and respectful.

Good relationships are based on:



Open and honest communication



Trust and respect



Working together



Fair and reasonable expectations by all

These behaviours are **not** okay in our school community:

- ⊗ Threats
- ⊗ Violence
- ⊗ Rudeness
- ⊗ Harassment
- ⊗ Discriminatory and derogatory comments
- ⊗ Aggression
- ⊗ Intimidation
- ⊗ Threatening gestures

This includes in-person, over-the-phone, email, text message, social media and online platforms.

For more information ask your school about the **Respectful Behaviours within the School Community Policy**.

What People THINK
the autism spectrum
looks like:



What it can
actually
look like:



Autism is the word used to describe a particular type of neurology – that is, a certain type of way some people's brains work.

It affects a range of different areas of life, including:

- Social communication differences, both verbal and non-verbal. This is most noticeable when they are interacting with someone who is neurotypical – two people with autism tend to be able to communicate with very few issues
- Specific passions that autistic people know a lot about and can spend a lot of time talking about or engaging in
- A preference for routines, predictability, and consistency
- Difficulty tuning in to internal body signals, whether that's that they need to eat or drink, or that they might be feeling stressed, tired, or anxious
- A preference for particular foods
- A preference for particular textures
- Repetitive behaviours, such as stimming (repeating body movements) or scripting (repeating words, often from a preferred TV show or movie)
- Overwhelming emotions when something unpredictable happens, there is a change in routine, or they encounter a demand that feels impossible

Everyone's experience of autism is very different, and as the saying goes – "if you know one person with autism, you know one person with autism".

Go to positivepartnerships.com.au

TIP SHEET: A guide for parents, carers and professionals SHORT VERSION

Why is My Child Anxious?

Helping Children with an Intellectual Disability and Autism Manage their Anxiety

WHAT IS ANXIETY?

Anxiety is our body's natural response to stress. Anxiety can protect us from harm or threat (real or imagined) by preparing our body to respond to danger. Anxiety is feeling:

- worried
- stressed
- scared
- nervous
- angry
- hopeless

It is normal for a child to feel anxious sometimes. Autistic children and those with an intellectual disability tend to be more anxious.

When someone is anxious, they often worry about what **might** happen. When there is a lot of worry or it lasts for a long time, it can be a problem.

It is important for children to learn to manage their stress, fear and worries. Lots of worry can make it difficult for a child to be involved in daily tasks, enjoy themselves and try new things.

Physical Indications of Fight, Flight or Freeze



WHAT DOES ANXIETY LOOK LIKE?

Most children experience anxiety as changes in their body, the way they think and/or the way they feel. Children can find it difficult to recognise and tell others about what they are feeling.

Anxiety can feel like:

- heart beating fast
- breathing more quickly
- feeling dizzy
- a sick stomach
- headaches
- sweating
- going to the toilet a lot
- having trouble getting to sleep and staying asleep
- sore or tight muscles
- not being able to sit still



Parents and teachers may also be able to see when a child is feeling anxious by looking at changes in their mood or behaviour.

Anxiety can look like:

- needing a routine
- constantly looking for danger
- not joining in with family and friends
- being easily upset by small things
- tantrums in younger children
- being angry or aggressive
- not concentrating
- intense focus on one thing
- not going to school or not doing schoolwork
- hurting themselves, such as scratching their skin



STEPPING STONES – FOR PARENTS OF A CHILD WITH A DISABILITY

Expressions of interest are sought from our parent community of children up to the age of 12 years. Group Stepping Stones Triple P will run each Wednesday from Week 2 in Term 4. This will be co-facilitated by Mackillop Family Services and Jennings Street School. Please contact the office on 9360 9322 to express your interest.

WHAT IS STEPPING STONES TRIPLE P?

Stepping Stones is based on Triple P's positive parenting strategies. It helps you manage problem behaviour and developmental issues common in children with disability. It also helps encourage behaviour you like, cope with stress, develop a close relationship with your child and teach your child new skills.

GROUP STEPPING STONES TRIPLE P

You're either having significant problems with your child's behaviour or you simply want to know how to encourage your child's development and potential. About a dozen parents come together for six sessions, which last 2 ½ hours each. Your Stepping Stones provider will also call you at home at pre-arranged times to offer support, feedback, and ideas.

JOIN THE TEAM

Inclusion Holiday Program

- *Multiple positions available.*
- *Work during School Holiday periods.*
- *Rewarding opportunity to support clients with various support needs.*
- *Supportive and fun environment in a group setting.*
- *Ongoing training and development opportunities provided.*



*Scan the QR Code
to express your interest!*

P: 9407 6200 **W:** Whittlesea.ymca.org.au





Save the Date for Dream Day at Healesville Sanctuary!

Monday 16 October, 2023



Save the Date for the 2023 Variety Kids Xmas Party!

Thursday 14 December, 2023

Because all kids deserve a fair go in life



Get Your Variety Kids Xmas Party Tickets Today!

The most exciting event of the year is back and tickets are now available!

The Variety Kids Xmas Party is an annual event where Victorian kids aged 0 to Grade 6, who are experiencing disadvantage or living with illness or disability, come together to have fun in an inclusive and welcoming environment.

There are carnival rides, attractions, clowns, costumes, live entertainment, food, games and sports. To top it off, every child receives a gift!

Date: Thursday 14 December 2023

Time: 10am - 1:30pm (registration opens at 9am)

Location: Melbourne Convention and Exhibition Centre
1 Convention Centre Pl, South Wharf VIC 3006

Cost: FREE (strictly by invitation only to Variety families, organisations and schools)

RSVP: As soon as possible to secure your tickets! Registrations close 26 November.

Parking: There are multiple options for car parking in the area, please check rates as some may charge by the hour. Onsite parking is available for schools arriving by coach/bus.

We look forward to seeing you at this spectacular event!

Important Information

Please note that tickets are capped at 150 per organisation. Please do not forward this invitation on to families; all schools and organisations will be required to respond on behalf of their kids and families and we will send confirmed tickets to the school or organisation directly. This event is strictly by invite only and all ticket requests will be cross-checked with our invite list.

For school groups arriving by bus who order before 17th November, wristbands, lunch tokens and 'No Media' stickers will be sent out pre-event. Orders received after this date will receive their packs on arrival at the venue.

Schools arriving by bus/coach are not required to name all attendees, just list as Student 1, Student 2, etc.

Please note that we are unable to cater for specific dietary requests.

'No Media' stickers will also be available upon request during the event.

[Register for the Variety Kids Xmas Party 2023](#)